REGINA metro®
NEWS WORTH SHARING.

levene
Join us to learn more about the Levene GSB Executive MBA
INFORMATION SESSION
Date: Wednesday, January 8, 2014
Time 5:30 - 7:00 pm
Location: Centre for Management Development, ED 510, University of Regina
Please RSVP to levene.gradschool@uregina.ca or phone 306-585-6294.
levene.uregina.ca
University of Regina
levene | gsb Kenneth Levene Graduate School of Business

CUPE Saskatchewan
Your Community Union
Public services make lives better every day.

MMMMMM! ... CAULIFLOWER?

FOOD-TREND WATCHERS ARE PREDICTING 'THE NEW KALE' WILL BE VEGGIE OF THE YEAR

PAGE 13

JUNIORS KNOCK OFF SWISS

Team Canada goaltender Zachary Fucale celebrates with forward Charles Hudon after defeating Switzerland 4-1 in quarter-final action at the IIHF World Junior Hockey Championships in Malmo, Sweden, on Thursday. Story, page 14. FRANK GUNN/THE CANADIAN PRESS

Monitoring the outbreak next door

More than 600 H1N1 cases in Alberta.
Sask. health officials gathering flu numbers

MORGAN MODJESKI
Metro in Saskatoon

As Alberta opens mass immunization clinics to curb an outbreak of H1N1 influenza, health-care officials in Saskatchewan are keeping a close watch on their provincial neighbour.

"In the public health world, we're always looking around to our neighbours … the rest of the country and the world even, as to what diseases are lurking and what the numbers are like," Shovita Padhi, deputy medical officer with the Saskatoon Health Region (SHR), told Metro on Thursday.

Late last week, Alberta Health Services opened four mass immunization clinics in Calgary, Edmonton, Grande Prairie and Slave Lake as a result of more than 600 cases of the potentially deadly H1N1 — also known as swine flu — and is set to open more throughout that province in the coming weeks.

Alberta media are reporting that two people there have died recently as a result of the H1N1 virus.

Not everyone getting tested

"The lab reports that we get, it actually only represents the tip of the iceberg."
Shovita Padhi, deputy medical officer with the Saskatoon Health Region

Padhi said although the outbreak in Alberta is a concern, flu numbers in the SHR are normal with an average of 10 H1N1 patients a day. She noted, though, that there could be many more.

"The lab reports that we get, it actually only represents the tip of the iceberg," Padhi said.

"Those are the people who are so sick that they actually had to present for medical attention. But you have the people — usually more of the younger, healthier people — who also have the flu, but aren't getting tested."

While the SHR is not experiencing an outbreak of H1N1, it has extended time slots for immunization appointments at public health clinics for the next two weeks to meet an increase in demand for the flu vaccine.

"At this point in time, there's no need to open these mass immunization clinics," she said.

"But if our numbers were to rise and our hospitals were to be overrun with flu cases, we would most definitely consider that."

The Regina Qu'Appelle Health Region declined to comment on Thursday.

Saskatchewan's Ministry of Health is compiling information on the flu season and H1N1, and will provide an update for the public on Friday.

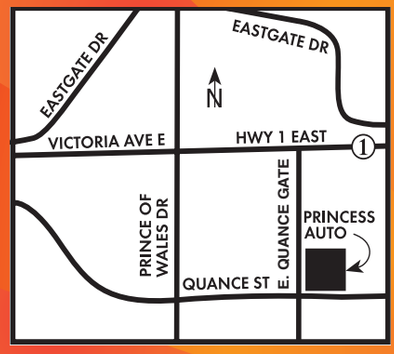
Weight Loss's NEW Dynamic Duo!
✓ Balance Blood Sugar
✓ Burn Fat
✓ Lose Inches
✓ Curb Hunger
OLD FASHION FOODS LABEL TEA
50% OFF SELECT VARIETIES
Teas may help with all kinds of health problems & symptoms.
See your doctor before starting any TEA or supplement. Sale ends Jan. 31, 2014, while supplies last. No other discount applies.
OLD FASHION FOODS LTD.
6 Convenient locations to serve you! (REGINA & WEYBURN)
FREE DELIVERY on orders over $25, weekday afternoons
www.oldfashionfoods.com
Your Health Food Store and so much more... Old Fashion Foods.
Head Office Ph: 352.8623

PRINCESS AUTO

A Unique World of Equipment, Tools & More

SALE

JANUARY CLEARANCE



Regina
3701 East Quance Gate
(306) 721-5115

JANUARY 7TH TO 19TH

Visit us online at www.princessauto.com

SAVE $50

Steel Camp Stove
- Height: (With legs) 26-1/2 in.
- Front and rear air flow regulators, and spark arrestor for added safety

(8192403) Reg. 149.99

99.99

49.99

50 ft x 1/4 in. Enclosed Retractable Air Hose Reel
(8382590) Reg. 79.99

SAVE $140

AUTEL

179.99

TS401 TPMS Diagnostic Service Tool
(8454365) Reg. 319.99

SAVE $45

CARLISLE

69.99

5.30-12 Trailer Tire Assembly
Bolt Pattern: 4 on 4 in.
(2026771) Reg. 114.99

SAVE 33%

ATV Trail Light
Water-resistant control switch, drain hole, heat and weather resistant rubber sealed caps
(8434524) Reg. 29.99

19.99

SAVE 40%

Infrared Thermometer
Fahrenheit and Celcius
(8496622) Reg. 19.99

11.99

SAVE 40%

30 Drawer Parts Storage Cabinet
19-1/2 x 6-1/4 x 9-3/4 in.
(8403321) Reg. 21.99

12.99

Murder charge

Trial about mother's death delayed

A man charged in the death of a young Regina mother has had his case held over until next week.

Kelly Nicole Goforth, 21, was found dead in a Regina alley on Sept. 25.

Clayton Bo Eichler, 32, was arrested and charged on New Year's Eve with second-degree murder.

Goforth's mother, Maxine, was in court.

"I wanted to see his face, to see if he looked at me. He didn't. But I don't wish harm on him," she said. "He has a mom, I'm sure; he has family. I don't wish harm on anybody." CJME/THE CANADIAN PRESS

New Year's attack

Man charged in assault with gun

A Regina man charged with multiple offences on New Year's Day, including assault with a firearm, was in court on Thursday.

The day before, at about 1:25 p.m., city police responded to a call at a home on the 400 block of Montreal Street.

A man living there was assaulted by the suspect, police said.

Officers learned that a woman at the same house was also threatened with a firearm.

Police searched the residence and found a gun.

Ashley Murray Thompson, 30, has been arrested and charged with assault with a weapon, uttering threats, possession of a tampered firearm and two counts of possession of a firearm. SARAH TAGUIAM/METRO

Who says business improvement can't be fun?

Leasa Gibbons, manager of marketing and communications for the Regina Downtown Business Improvement District (RBID), left, and Jamie Mason, its recreation co-ordinator, enjoy skating on Thursday at a rink in Victoria Park. Gibbons says the rink, which opened for the season on Boxing Day, is busiest on holidays and weekends. RBID provides second-hand skates for rent at the rink. MARCO VIGLIOTTI/METRO

Wheat lawsuit goes on

Marketing monopoly. Board supporters will fight to get all claims reinstated after ruling

The group Friends of the Canadian Wheat Board says it is moving ahead with a multi-billion-dollar lawsuit against the federal government, despite a court ruling in the fall.

The conflict is over legislation that removed the wheat board's marketing monopoly on western wheat and barley sales.

Board supporters are seeking $17 billion in damages.

In November, a Federal Court justice struck down parts of the lawsuit that alleged expropriation and interference with economic relations.

Federal Agriculture Minister Gerry Ritz has said the ruling underscored the right of western Canadian farmers to market their own grain.

Stewart Wells, chairman of Friends of the Canadian Wheat Board, says the appeal will seek to have all the claims reinstated in the suit.

"We are appealing (the) ruling to the extent that we want to, of course, go ahead with all of the class action we had launched before, which was trying to get compensation for the assets that farmers had paid for at the wheat board," Wells said from his home in Swift Current, Sask.

The assets include rail cars and ships that were bought with money from farmers' grain sales and a contingency fund that was partially financed by producer fees.

Board supporters argued that they had a proprietary interest in the assets.

On the expropriation issue, Justice Daniele Tremblay-Lamer ruled there had been no transfer of property.

"The loss of a single desk due to the change in the regulatory scheme is not enough in itself to claim a loss of a property interest," she wrote in the decision.

She also dismissed allegations that the government interfered with the best economic way of securing farmers a premium price for their grain. CKRM/THE CANADIAN PRESS

Max out your TFSA contribution, not your credit card.

ING DIRECT forward banking™

ingdirect.ca

ING Bank of Canada and its subsidiaries have been acquired by The Bank of Nova Scotia and are no longer affiliated with ING Groep N.V. The trademarks ING, ING DIRECT, ING Lion, the ING Lion logo and any derivation, variation, translation or adaptation thereof are trademarks of ING Groep N.V. and are used under license. ™ forward banking is a trademark of ING Bank of Canada.

After train fires, U.S. officials issue alert about Bakken oil

Flammability. Crude shipped from Bakken oil patch is potentially more volatile than the traditional variety

Following a string of explosive accidents, federal officials said Thursday that crude oil being shipped by rail from the Northern Plains across the U.S. and Canada may be more flammable than traditional forms of oil.

A safety alert issued by the U.S. Department of Transportation warns the public, emergency responders and shippers about the potential high volatility of the crude being shipped from the Bakken oil shale patch in Montana and North Dakota.

The warning comes after the massive explosion caused by an oil train derailment on Monday near Casselton, N.D. No one was hurt, but worries about toxic fumes prompted the evacuation of hundreds of residents.

The oil boom in the Bakken has reduced the nation's reliance on imported oil and brought thousands of jobs to the region. But as companies have increasingly relied on trains to get that oil to lucrative coastal markets, public safety in communities bisected by rail lines has become a major concern.

In July, 47 people were killed in Lac-Mégantic, Que., when a train carrying Bakken crude derailed. Another oil train derailed and exploded in Alabama in November, killing no one but releasing an estimated 749,000 gallons of oil from 26 tanker cars.

The amount of oil moved by rail has spiked since 2009, from just more than 10,000 tanker cars to a projected 400,000 cars in 2013.

THE ASSOCIATED PRESS

Safety alert

Thursday's safety alert was partly due to results of preliminary tests on Bakken oil to determine just how dangerous it is, said Jeannie Shiffer with the U.S. Department of Transportation's Pipeline and Hazardous Materials Safety Administration.

Shiffer said it is important to know the volatility of the oil so that it can be properly handled during shipping.

The issue of volatility is of particular importance for emergency responders who have to deal with accidents like the one in Casselton, said Fred Millar, a rail safety consultant in Virginia.

THE ASSOCIATED PRESS

Ford more years for Toronto's troubled yet defiant mayor?

Toronto Mayor Rob Ford officially shows his passport to a city clerk Thursday, as he registered as a candidate for the city's 2014 municipal election in October. Toronto's troubled yet defiant mayor isn't allowing months of scandal to stop him from entering what's likely to be the most watched municipal race in the city's history. Rob Ford was first in line at city hall to sign up for the Oct. 27 mayoral election when the nomination period opened Thursday. He expressed confidence that he'll win "Ford More Years" in the top job, despite admitting to using crack cocaine in a "drunken stupor" and making a crude sexual comment on live TV, among other cringe-worthy incidents that have garnered international attention and made him the butt of jokes on late-night shows. VICTOR BIRO/THE CANADIAN PRESS

H1N1. Young parents embracing flu shot: Poll

Increasing numbers of adults in their child-rearing years are becoming convinced that getting a flu shot for themselves and their children is a good idea, a new poll suggests.

The Harris/Decima poll, done for The Canadian Press, found that those aged 18 to 34 and those with children in their households were the two demographics that had the highest rates of flu-shot converts than any other.

"What appears to be occurring is that over the years younger Canadians and parents are particularly becoming more convinced that they will do it (get a flu shot) in the coming year if they haven't done it very often in the past five," said Doug Anderson, senior vice-president for public affairs for the polling firm.

With this year's flu season shaping up to be an H1N1 year, that's a good thing.

Newly released data from researchers at the British Columbia Centre for Disease Control suggests children under five are the most vulnerable segment of the population when it comes to this family of flu viruses.

Less than 20 per cent of children under age five have antibodies to H1N1 viruses. That's not really a surprise; they would have been born after the 2009 pandemic that brought the H1N1 virus into the mix of flu viruses that circulate during the Northern Hemisphere winter. THE CANADIAN PRESS

Those aged 18 to 34, and those with children in their households, are the leading flu shot converts.

COLIN MCCONNELL/TORSTAR NEWS SERVICE

SIGNS
Trade Show Material
Pop-up Displays
Banners • Posters • Decals
FuturePrint 306-757-8989
www.futureprint.ca
1650 Saskatchewan Dr. (Across from the Police Station)

Synthetic marijuana

Breaking Bad contest winner charged for drug op

Authorities say a Florida man who won a contest to watch the series finale of Breaking Bad with the cast has been charged with running a drug distribution operation.

The Lee County Sheriff's Office says Ryan Lee Carroll sold synthetic marijuana and shipped it across the U.S. from his home with two other men. He was arrested on New Year's Eve.

Authorities seized more than $1 million US in synthetic marijuana during a bust.

According to deputies, the suspects used a cement mixer to create the drugs. The drugs were shipped through the U.S. Postal Service.

Investigators also seized a souvenir Hazmat suit signed by Breaking Bad cast members.

The TV show follows a former teacher who produces and sells methamphetamine with a former student.

THE ASSOCIATED PRESS

Stafford slaying. Rafferty turned down for legal aid for appeal of conviction

Ontario's Ministry of the Attorney General will be picking up the tab for an appeal attempt by the man convicted of killing eight-year-old Victoria Stafford.

Michael Rafferty's lawyer says he has again been turned down for funding from Legal Aid Ontario after a judge ordered last month that it reconsider Rafferty's case.

Appeal Court Justice Marc Rosenberg had ruled the case is too complex for someone with a Grade 9 education in segregation and with no access to a law library to handle on his own.

Rafferty had been turned down four times by Legal Aid since his convictions in May 2012 for first-degree murder, sexual assault causing bodily harm and kidnapping in Tori's death. THE CANADIAN PRESS

Syria. Russia, China to add security for chemical weapons removal plan

A spokesman for the joint Danish-Norwegian operation tasked with ferrying Syria's chemical weapons out of the strife-torn country says warships from Russia and China will provide additional security on the transport leg of the operation.

Maj. Eystein Kvarving says the Russian missile cruiser Peter the Great and a Chinese frigate won't be under Danish-Norwegian command, but will be coordinating closely with it.

Cyprus' defence ministry on Wednesday identified the Chinese warship as the Yan Cheng.

Kvarving said two cargo ships and their warship escorts will set sail Thursday from the Cypriot port of Limassol to waters near Syria where they will wait for orders on when they can head to the Syrian port of Latakia to pick up more than 1,000 tons of chemical agents. THE ASSOCIATED PRESS

In Portsmouth, Va., media photograph one of two systems capable of neutralizing Syria's chemical weapons aboard the MV Cape Ray. STEVE HELBER/THE ASSOCIATED PRESS

Former Israeli PM in critical condition

'Turn for the worse.' Doctors say Ariel Sharon, who has been in a coma for eight years, is clinging to life

Former Israeli Prime Minister Ariel Sharon, who has been in a coma for eight years, was in critical condition on Thursday, clinging to life after a decline in the functioning of various bodily organs, his doctors said.

Dr. Zeev Rotstein, director of Tel Hashomer hospital, said Sharon's condition had deteriorated over the past two days and that a number of vital organs, including his kidneys, were suffering from "critical malfunction."

"He is in critical condition and his life is definitely in danger," Rotstein told reporters at the hospital, just outside Tel Aviv. "The feeling of the doctors treating him and also that of the family with him is that there is a turn for the worse."

Sharon's family is at his bedside, Rotstein said.

The 85-year-old Sharon, one of Israel's most iconic and controversial figures, has been in a coma since suffering a devastating stroke in January 2006. At the time, he was prime minister and at the height of his political power.

Sharon's career has stretched across Israel's 65-year history.

As one of Israel's most famous generals, Sharon was known for bold tactics and an occasional refusal to obey orders. As a politician he became known as "the bulldozer" — a man contemptuous of his critics while also capable of getting things done.

A prominent hard-line voice over the decades, he was elected prime minister in 2001. THE ASSOCIATED PRESS

Former Israeli PM Ariel Sharon, seen here in 2004, has taken a turn for the worse, the hospital treating him said. ODED BALILTY/THE ASSOCIATED PRESS FILE

Online extremists

'Jihad Jane' could be sentenced to life in prison

U.S. federal prosecutors are asking for a lengthy prison sentence for a woman who called herself "Jihad Jane" online.

Prosecutors say in court papers that Colleen LaRose should spend decades behind bars for plotting to kill a Swedish cartoonist whose work had offended Muslims.

Prosecutors say LaRose's sentencing should serve as a deterrent to "other lonely, vulnerable people who might be enticed by online extremists promising fame and honour."

LaRose and two others convicted in the plot, Jamie Paulin-Ramirez and teenager Mohammad Hassan Khalid, face sentencing next week.

LaRose faces a maximum of life in prison. The others could get up to 15 years in prison for conspiring to provide material aid to terrorists. THE ASSOCIATED PRESS

Briton, New Zealander found shot to death in western Libya

A British man and a New Zealand woman were found shot to death in western Libya, a Libyan security official said Thursday.

He said the two were both teachers in the capital Tripoli. Their bodies were found next to their luggage near an oil and gas complex outside the western city of Sabratha, the official said. Their belongings were not stolen and the motive for their killing was unclear.

The discovery comes less than a month after an American teacher was killed in the eastern city of Benghazi. The attackers have not been identified.

The official spoke on condition of anonymity because he was not authorized to speak to the press. He had no additional details on the identity of the two.

In London, a Foreign Office spokeswoman said that diplomats were aware of reports that the bodies of two foreign nationals had been found in Libya "and are urgently seeking further information from the authorities." She spoke on condition of anonymity in line with official policy.

Two years after the 2011 toppling of dictator Moammar Gadhafi, the central government is unable to control unruly militias, some of which are Islamic hard-liners. THE ASSOCIATED PRESS

Ice-trapped ship passengers rescued

Safe and sound. Three icebreakers failed at reaching ship trapped in the Antarctic since Christmas Eve

All 52 passengers trapped for more than a week on an ice-bound Russian research ship in the Antarctic were rescued Thursday when a Chinese helicopter swooped in and plucked them from the ice a dozen at a time.

The dramatic international rescue operation became possible once the weather finally cleared. Blinding snow, strong winds, fog and thick sea ice forced rescuers to turn back time and again.

The twin-rotor helicopter — its red and yellow colours contrasting starkly against the ice and snow — carried scientists and tourists from the Russian ship MV Akademik Shokalskiy to an Australian icebreaker, according to the Australian Maritime Safety Authority's Rescue Coordination Centre, which oversaw the rescue.

At one point, the passengers linked arms and stomped out a landing site in the snow next to the Russian ship for the helicopter, which is based on a Chinese icebreaker.

The eagerly anticipated rescue came after days of failed attempts to reach the vessel, which was trapped since Christmas Eve.

The passengers were flown to an ice floe next to the Aurora Australis icebreaker and then taken by a small boat to the Australian ship, said expedition leader Chris Turney.

The Aurora will take the passengers to Tasmania, a two-week journey.

"I think everyone is relieved and excited to be going on to the Australian icebreaker and then home," said Turney. THE ASSOCIATED PRESS

Passengers from a ship trapped in the Antarctic since Christmas Eve prepare to board a Chinese helicopter Thursday. ZHANG JIANSONG/THE ASSOCIATED PRESS/XINHUA

Rwanda's ex-spymaster found dead in Johannesburg

Rwanda's former spy chief, Patrick Karegeya, seen in an undated photo in Kigali, was found dead in a Johannesburg hotel Thursday. THE ASSOCIATED PRESS FILE

The body of Rwanda's former spy chief was found, possibly strangled, in a hotel in South Africa, police said Thursday. Rwandan dissidents accused President Paul Kagame of ordering his assassination.

The suspicious death of Patrick Karegeya, a former Kagame ally who turned against him, follows a pattern of assassinations ordered by the Rwandan president, said Theogene Rudasingwa of the opposition coalition Rwanda National Congress. Kagame's government vehemently denies it has targeted dissidents.

Karegeya's body was discovered in a room at Johannesburg's plush Michelangelo Towers hotel on New Year's Day, and many questions remain unanswered in a country with a high crime rate.

"He was found in the hotel room dead on the bed," said a statement from South African police spokeswoman Lt. Col. Katlego Mogale. "A towel with blood and a rope were found in the hotel room safe. There is a possibility that he might have been strangled." She said a murder investigation has been opened in the death of the 53-year-old who reportedly fled to South Africa in 2007.

Gunmen twice tried to kill Kagame's former chief of army staff, Lt. Gen. Kayumba Nyamwasa, while he was living in exile in Johannesburg in 2010. Nyamwasa told The Associated Press in 2012 that Kagame has hunted him and other dissidents around the world, "using hired killer squads." THE ASSOCIATED PRESS

WALK TO DOWNTOWN FOR WORK OR FUN!
2013 BUILT MODERN CONDOS
READY TO MOVE INTO!!
THE STRATHMORE
2255 ANGUS STREET
Call for appointment to view our Show Suite
24 UNITS IN THE HEART OF CATHEDRAL
• Five block walk to City Hall, Viterra, Conexus HO or Sask Central • Walk to new Safeway • Indoor heated secure parking & storage locker included
• 2 bed + 2 bath units - 974 sq ft, 977 sq ft and 1109 sq ft • Stainless steel kitchen appliance package + insuite laundry - washer/dryer included
• Blind package included • Granite or Quartz + engineered hardwood flooring as standard
Starting at $319,900 + GST
Century 21 Dome Realty Inc
ph: 306-790-3686
www.LynneBobyck.com
Lynne Bobyck

ALL YOU CAN EAT BUFFET
All you can eat includes Chinese Buffet and Japanese Sushi!
DINE-IN • TAKE OUT • CATERING
$5 Coupon
For use on take-out orders only.
* Valid on order over $30 before tax.
* Bring the coupon to get the discount (photocopy invalid)
* Not valid with other promotion/coupons
* Other Restrictions May Apply
$10 Coupon
For use on take-out orders only.
* Valid on order over $50 before tax.
* Bring the coupon to get the discount (photocopy invalid)
* Not valid with other promotion/coupons
* Other Restrictions May Apply
I Love Sushi Buffet
3622 Eastgate Drive
Regina, SK S4Z 1A5
TEL: 306-789-8996
www.ilovesushibuffet.com
Hours: Mon - Sat 11am - 10pm Sun: 11am - 9:30am
Go for sushi Buffet
31C 2105-8th Street East
Saskatoon, SK S7H 0T8
TEL: 306-931-8898
www.goforsushibuffet.com
Hours: Mon - Sat 11am - 10pm Sun: 11am - 9:30am

Transporter? Almost

MIT. Researchers have found a new way to render 3D images of people and things in remote locations

Researchers at the Massachusetts Institute of Technology have found a way to allow people in one place to interact with three-dimensional versions of people or objects in a different location.

MIT's Tangible Media Group calls the technology inFORM. A person in one location moves or puts an object in front of a depth-sensing camera. That camera sends signals to a motorized pin screen somewhere else and that's where the 3D image pops up. If someone on camera is moving his hands, for example, that movement would show up on the pin screen in another location.

THE ASSOCIATED PRESS

What for?

The researchers behind the technology hope it can eventually be used by urban planners and architects. It could also be used by doctors and others who need to look at CT scans.

MIT grad student Sean Follmer moves his hands in front of a depth-sensing camera which sends signals to another location that manipulates a ball. THE ASSOCIATED PRESS

Disappearing privacy. Snapchat to issue more secure app after breach

Snapchat says it plans to put out a more secure version of its application following a breach that allowed hackers to collect the usernames and phone numbers of some 4.6 million of its users.

The disappearing-message service popular with young people said in a blog post late Thursday that the updated version of its app would allow users to opt out of its "Find Friends" feature and would stem future attempts to abuse its service.

The breach occurred after security experts warned the company at least twice about a vulnerability in its system.

THE ASSOCIATED PRESS

Snapchat CEO Evan Spiegel
AE C. HONG/THE ASSOCIATED PRESS

$3 billion offer

The incident bruises the image of a young company that reportedly turned down a buyout offer from Facebook.

Market Minute

DOLLAR 93.69¢ (-0.33¢)

TSX 13,594.19 (-27.36)

OIL $95.44 (-$2.98)

GOLD $1,225.20 (+$22.90)

Natural gas: $4.263 (+$.071)
Dow Jones: 16,441.35 (-135.31)

At TeaLife we have developed a business opportunity that is lucrative, fair and rewards hard work. We believe that hard work should provide you with the time, freedom and money you need to enjoy life. As a full or part-time TeaLife Independent Sales Representative, you can:
Earn what you're worth
Spend more time with family and friends
Work from home, the boat...wherever
Help people live better, more financially rewarding lives
Join TeaLife today to start living life the better way.
www.tealife.ca • admin@tealife.ca
306-205-5768
TeaLife

Endless JOY EVENT
HURRY IN!
EVENT ENDS JANUARY 13TH
THE GIFT YOU WON'T REGIFT.
GREAT REBATES
GET UP TO $9,250†
IN MANUFACTURER REBATES
ON MOST NEW VEHICLES (2013 F-150 SUPERCREW AMOUNT SHOWN)
OFFER INCLUDES $3,000 IN MANUFACTURER REBATE
2014 ESCAPE S
CASH PURCHASE FOR ONLY
$20,999*
Offer excludes freight and air tax.
6.2L/100km 46MPG HWY 9.1L/100km 31MPG CITY**
WELL-EQUIPPED WITH:
6 Speed Selectshift® Automatic Transmission with Sport mode, Power Sideview Mirrors, MyKey®, Torque Vectoring Control AND MUCH MORE.
OFFERS INCLUDE $9,250 IN MANUFACTURER REBATES
2013 F-150 SUPER CAB XLT 4X4 5.0L
CASH PURCHASE FOR ONLY
$26,999*
BEST-SELLING TRUCKS 47 YEARS
OR PURCHASE FINANCE FOR $198 @ 4.49% APP
Bi-weekly for 72 months with $0 down.
Offers exclude freight and air tax.
OR step up to a Super Crew for only $20 more bi-weekly.
10.6L/100km 27MPG HWY 15.0L/100km 19MPG CITY**
WELL-EQUIPPED WITH:
17" Machined Aluminum Wheels. AdvanceTrac® with RSC®. Trailer Sway Control. Automatic Headlamps AND MUCH MORE.
OFFER INCLUDES $3,500 IN MANUFACTURER REBATE
2013 FUSION SE
CASH PURCHASE FOR ONLY
$19,999*
Offer excludes freight and air tax.
5.8L/100km 49MPG HWY 9.2L/100km 31MPG CITY**
WELL-EQUIPPED WITH:
Heated Mirrors. 17" Painted Alloy Wheels. Integrated Turn Signal Mirrors. Keyless Entry Keypad AND MUCH MORE.
ELIGIBLE COSTCO MEMBERS RECEIVE AN ADDITIONAL $1,000** ON MOST NEW VEHICLES
COSTCO WHOLESALE
Get the gift that brings Endless Joy.
Only at your Prairie Ford Store.
Ford
Go Further
prairieford.ca

SiriusXM Available in most new Ford vehicles with 6-month pre-paid subscription

Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). *Purchase a new 2013 Ford [F-150 Super Cab XLT 4x4 5.0L / Fusion SE] / 2014 Ford Escape S for [$26,999/$20,999]/ [$28,999 (after Total Manufacturer Rebate of [$6,250/$3,500]) / $3,000 (order bet)]. Taxes payable on full amount of purchase price after total order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental incentives, the Commercial Upfit Program or the Commercial Fleet Incentive Program (CFIP). manufacturer rebate has been deducted. Offers exclude freight and air tax ($1,700/$1,650)/ $1,650 license, fuel fill charge, insurance, dealer PDI, registration, PPSA, administration fee, any environmental charges or fees, and all applicable taxes. All prices are based on Manufacturer's Suggested Retail Price. †Until January 31, 2014, receive [4.49%] APR purchase financing on new 2013 [F-150 Super Cab XLT 4x4 5.0L / F-150 Super Crew XLT 4x4 5.0L] models for up to [72] months to qualified customers, on approved credit ([OAC] from Ford Credit. Not all buyers will qualify for the lowest interest rate. Get the above for [$26,999/$29,249] purchase financed at [4.49%] APR for [72] months, with [$0] down payment, monthly payments [$428/$427] after total price adjustments of Winter Safety Package cash alternative of [$0] and delivery allowance of [$9,250]. (The sum of twelve (12) monthly payments divided by 26 periods gives payee a bi-weekly payment of [$396/$330], interest cost of borrowing is [$3,889/$4,259] or APR of [4.49%/4.49%] and total to be repaid is [$30,888/$34,008]). Down payment may be required based on approved credit from Ford Credit. All purchase finance offers exclude freight and air tax ($1,700) license, fuel fill charge, insurance, dealer PDI, registration, PPSA, administration fee, any environmental charges or fees, and all applicable taxes. Taxes are payable on the full amount of the purchase price. All prices are based on Manufacturer's Suggested Retail Price. Delivery Allowances are not combinable with any fleet consumer incentives. † Offer valid between December 3 - 15, 2013 for 2014 models and until December 31, 2013 for 2013 models. Receive [$750/$1,000/$1,250/$1,500/$1,750/$2,000/$2,500/$2,750/$3,000/$3,250/$3,500/$3,750/$4,000/$4,250/$4,500/$4,750/$5,000/$5,250/$5,500/$5,750/$6,250/$6,500/$6,750/$8,000/$8,250/$8,500/$9,250/$10,500 in Manufacturer Rebates with the purchase or lease of a new 2013 [Edge SE] / 2014 [Transit Connect (excluding electric), E-Series, F-150 Regular Cab XL 4x2 (Value Leader)] / 2013 [C/MAX / 2013 [Escape S, E-Series], 2014 [Fusion S] / 2014 [Fusion (excluding S, Mustang V6 Coupe] / 2013 [Fiesta S, F-150 Regular Cab XL 4x2 (Value Leader), F-350 to F-550 Chassis Cabs] / 2013 [Fusion S, Mustang V6 Coupe], 2014 [Fiesta S] 2014 [Focus S] / 2013 [Focus S, Explorer Base], 2014 [Edge: Flex, Escape S and FHEV] 2014 [Focus BEV, Fiesta (excluding S)] / 2013 [Fiesta (excluding S), Fusion (excluding S)], 2014 [Focus (excluding S) and ST, Escape ZXL] / 2014 [Mustang V6 Premium, Explorer (excluding Base)] / 2013 [Taurus SE, Edge AWD (excluding SE), Flex, Escape LX, Transit Connect (excluding Electric)] / 2013 [Focus (excluding S and BEV)] / 2013 [Mustang V6 Premium, Explorer (excluding Base), Escape ZXL], 2014 [Taurus SE] / 2014 [Mustang GT] / 2013 [Edge FWD (excluding SE)] / 2014 [Expedition] / 2013 [Mustang GT] / 2014 [Taurus (excluding SE)], F-150 Regular Cab (excluding XL 4x2)] / 2013 [Taurus (excluding SE)] / 2013 [Expedition], 2014 [F-250 to F-450 (excluding Chassis Cabs) - Gas Engine] / 2014 [F-150 Super Cab and Super Crew] / 2013 [Focus BEV] / 2013 [F-150 Regular Cab (excluding XL 4x2)] / 2013 [F-250 to F-450 (excluding Chassis Cabs) - Gas Engine] / 2014 [F-250 to F-450 (excluding Chassis Cabs) - Diesel Engine] / 2013 [F-150 Super Cab and Super Crew] / 2013 [F-250 to F-450 (excluding Chassis Cabs) - Diesel Engine] - all Raptor, GT500, BOSS302, and Medium Truck models excluded. **Offer only valid from December 3, 2013 to January 31, 2014 (the "Offer Period") to resident Canadians with an eligible Costco membership on or before November 30, 2013 who purchase or lease of a new 2013/2014 Ford (excluding Fiesta, Focus, C-Max, Raptor, GT500, Mustang Boss 302, Transit Connect EV, and Medium Trucks) or Lincoln vehicle (each an "Eligible Vehicle"). Limit one (1) offer per each Eligible Vehicle purchase or lease, up to a maximum of two (2) separate Eligible Vehicle sales, per Costco Membership Number. Offer is transferable to persons domiciled with an eligible Costco member. Applicable taxes calculated before [$405,000 offer is deducted. †† Claim based on analysis by Ford of Polk global new registration for CY2012 for a single nameplate which excludes unbadged vehicles, platform derivatives or other vehicle nameplate versions. + Based on R. L. Polk Canada, Inc. Total New Registration data for Full Size Pickups per Ford Segmentation as of YTD September 30, 2013. ^ Estimated fuel consumption ratings for the 2013 [F-150 4X4 5.0L V8 6-Speed Auto / 2014 [Focus S 2.0L I4 6-Speed Auto/Fusion SE 2.5L - 4x4 Escape S FWD 1.6L GTDI I4]. Fuel consumption ratings based on Transport Canada-approved test methods. Actual fuel consumption will vary based on road conditions, vehicle loading and driving habits. ® Registered trademark of Price Costco International, Inc. used under license. ©2014 "Sirius Canada Inc." "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under license. ©2014 Ford Motor Company of Canada, Limited. All rights reserved.

HERE'S LOOKING AT YOU, FUTURE

THE METRO LIST

Mike Benhaim
metronews.ca

Looking backward with pride and forward with hope? Probably not, but I have peered deep into my crystal ball, emerging with a clear vision of the coming year.

The good news is, 2014 will likely not be as crazy as its predecessor, but then again, if I am your go-to psychic, then you're screwed already. Here is what you can expect:

1 **___ is the new ___.** Orange is the new black, 45 will be the new 30, cannabis will be the new tobacco, prescription A.D.D. meds will be the new crack, and all will serve as criteria for Toronto's new mayoral candidates.

2 **Why so secretive?** Edward Snowden will gain enough public support to be exonerated for his alleged crimes, but will continue to find his friends a little stand-offish.

3 **Bad girls playing good.** Lindsay Lohan makes a comeback, generating Oscar buzz for her portrayal of a young Mother Teresa.

4 **Baby mama once more.** Kim Kardashian will get pregnant again and give daddy Kanye West a son who shall be named Wild-Wild.

5 **Totally beliebable scenario.** Justin Bieber will pay German officials to retrieve his monkey, which will be trained to walk his new bulldog, pick up its poop and fling it at unattractive or overweight fans.

6 **Bad girls going God.** Miley Cyrus will make a spiritual pilgrimage to the Middle East, where she will consume the unknown fruit of a mysterious tree that will cause her to feel modesty and cover her nakedness with a fig leaf and a fragment of parchment. And army boots.

7 **X-actly what we need.** The X Factor U.S. judge Paulina Rubio will leave the show to judge The X Factor Mexico. She'll be replaced by Nicki Minaj for a win-win situation where Mexico gets a mentor whose insight can finally be understood, and the American version maintains the delicate balance of verbosely incoherent babbling.

8 **Bynum, by then.** Andrew Bynum, one of the NBA's most overpaid per-game players ever, will join the Miami Heat for the league minimum. Bynum's propensity for off-court shenanigans that lead to injury and his subsequent indifference will lead to his attempted strangling by team captain LeBron James during a nationally televised game. Bynum will sue for millions but will still manage to be bankrupt by 2015.

9 **Hollywood K.O.** 2013 brought the Knockout Game into public consciousness. It involves one person sucker-punching an unsuspecting victim while another films it for public consumption on YouTube. In 2014, the brutal pastime will spawn a new reality series where each week, a different Hollywood celebrity will be filmed sucker-punching Perez Hilton.

10 **Sounds about right.** Neither the Maple Leafs nor the Canadiens will earn a playoff berth in 2014. This may not be a revelation, but is more likely to come true than any of the above.

So, dear friends, remember to love like you've never been hurt and dance like no one's watching, but if you actually catch someone watching, put your clothes back on immediately. Happy new year!

ZOOM

Martians-to-be shortlist announced

COURTESY BRYAN VERSTEEG/MARS ONE

75 Canucks make list

Since he was a young boy, eagerly devouring science fiction books, Stephen Fenech has dreamed of being an astronaut.

Now, the Toronto man is a bit closer to reaching his lofty dream after learning that he is one of 75 Canadians selected as a candidate for a one-way mission to Mars.

"I'm vacillating between excitement and terror," said the 45-year-old seasoned traveller, who's visited 160 countries. "When I imagine myself not just in another country but on a whole other planet, I would be so jazzed about being there."

The mission is being organized by Mars One, a Dutch-based not-for-profit. On Monday it announced that of about 202,500 applicants worldwide, 1,058 hopefuls had been selected as potential candidates. They will be whittled down to a group of up to 40 people, who will then train for about seven years.

An unmanned mission is slated for 2018, with Lockheed Martin in charge of building the Mars lander.

TORSTAR NEWS SERVICE

Retirement years

"I know I'd be the guinea pig.... And I know I'm taking a chance.... But the way I see it is that my life will be winding down at that point anyway, so I might as well do something that's so fulfilling, not just to me but to our entire race."

Stephen Fenech, who figures that by the time the mission takes place he will be close to retirement, and ready for a new chapter.

$1.5 billion a head

$6B

The goal is for Mars One to send the first crew of four in 2024, with additional groups departing every two years. It's an ambitious — and costly — project. Getting the first group to Mars will cost $6 billion, with every additional manned mission costing $4 billion. To finance the endeavour, the private organization is relying on sponsors and public support. Just last month it launched a crowdfunding campaign. As well, there are ongoing negotiations with media companies for the rights to a reality-TV show that would track the training process.

Clickbait

ANDREW FIFIELD
andrew.fifield@metronews.ca

Another iOS Kickstarter success story, République arrived on the App Store to much fanfare before Christmas. A hugely ambitious episodic stealth-action adventure, wrestled down to iOS size, it puts you in the role of Hope as she is held captive in a building run by an unpleasant totalitarian government. Needless to say, her captivity is short-lived.

Controls tend to be the biggest obstacle when it comes to shoving an action game onto an iOS device, but République nimbly clears that hurdle with a simple one-touch interface. Navigating Hope through each level begins and ends with a single touch wherever you want to place her. Of course, this being a stealth game, you're equipped with a tool that allows you to view your surroundings and their patrolling enemies by hacking into security cameras — once again with one-touch control.

The beautiful animation and convincing voice acting leaves little doubt that developer Camouflaj is hoping to force a huge evolution in touchscreen gaming, and the first instalment of République is a convincing case that they're onto something. (iOS/$4.99)

Twitter

@metropicks asked: The Bacon Man, running for mayor in Windsor, Ont., is promising free funerals for all. What's your outlandish pledge?

@glenharnish: A free fishing rod every season and a lifetime fishing licence. #wheredoIvote?

@NinjaBot42: Subways! Subways! Subways! What? Aw crap.

@Rob_Irvine_Jr: I would promise that the Maple Leafs win a Stanley Cup...

@JohnKleinRegina: free-ish funerals seems like a good idea. Making dead people pay never really seems just. #notoutlandish

Follow @metropicks to take part in our daily poll. Best answers published right here.

WE WANT TO HEAR FROM YOU:
Send us your comments: reginaletters@metronews.ca

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Regina** Tara Campbell • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Kim Kintzle • **Distribution Manager:** Darryl Hobbins • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson **METRO REGINA** 1916 Dewdney Avenue Regina, SK S4R 1G9 • **Telephone:** 306-584-2025 • **Toll free:** 1-877-895-7194 • **Fax:** 1-888-243-9726 • **Advertising:** adinforegina@metronews.ca • **Distribution:** regina_distribution@metronews.ca • **News tips:** regina@metronews.ca • **Letters to the Editor:** reginaletters@metronews.ca

WHEN WINTER TURNS WILD,
HELP A NEIGHBOUR CLEAR THEIR SIDEWALK.
Be a
SNOWBUSTER
Be a Snowbuster and take a swipe back at the snow. You'll feel better knowing that you're helping your neighbours get through another tough winter.

NOMINATE YOUR LOCAL SNOWBUSTER

When a Snowbuster helps you, nominate them for a chance to win our grand prize – a new snow blower! Recognize a Snowbuster today by calling 306-777-7000 or visiting Regina.ca.

City of Regina | REGINA Infinite Horizons

SCENE 2

Synopsis

Out with the old and in with the new: 2013 contained many magnificent movie moments (and some bad ones as well, but let's not dwell on those) for the Reel Guys and it looks like 2014 will be just as bountiful. This week we gaze into our cinematic crystal balls and choose the films we're looking forward to in the new year.

On tap for 2014: Another RoboCop reboot. CONTRIBUTED

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

New year, new films

Lookahead. From The Equalizer to 50 Shades of Grey, the Reel Guys make their movie picks for 2014

Richard: Mark, years ago I loved a show called The Equalizer. It starred Edward Woodward as a private detective who helped people in need "equalize the odds." It was a cool show, and as much as movie versions of programs like The A-Team and Starsky and Hutch have disappointed, I'm looking forward to this. Denzel Washington is masterful at playing ambiguous antiheroes and reteaming him with his Training Day director Antoine Fuqua seems like a good idea to me.

Mark: Richard, I don't know the show but I do like Denzel, I do like Fuqua and I do like the concept. One movie I am looking forward to is The Monuments Men with George Clooney, Matt Damon and John Goodman as civilians pressed into battle during the Second World War to save art treasures from the Nazis. This should hit all the bases for me.

RC: Clooney is always cool, and he also directed the movie, so I'm keen to see it. I'm also very excited for The Zero Theorem. Terry Gilliam says his new film is the third part of the trilogy he began with Brazil and continued with 12 Monkeys. If that isn't enough, it stars Christoph Waltz and Matt Damon. And did I mention it sprung from the wild mind of Terry Gilliam?

MB: Reality check: Whose last movie was the unwatchable The Imaginarium of Doctor Parnassus. When Gilliam stinks he stinks up the whole room. Just saying.... If it's sci-fi you're looking for, how about the RoboCop reboot, a franchise that's had more reboots than an Ugg store? Or Transcendence, which has a Philip K. Dick meets Body Snatchers sound to it. Appeals to the paranoid side of my split personality Richard...

RC: I liked Parnassus! It was like a Salvador Dali painting come to life! Gilliam Rules! But there are other things I'm looking forward to, like Maleficent. The creepy but beautiful Sleeping Beauty villain is a role Angelina Jolie's cheekbones were born to play. If the movie is as cool looking as the clips I've seen, I'll go for the art direction alone.

MB: Sure, but I think we're both ignoring what must be the Greatest Movie of 2014 — the cinematic adaptation of the great novel Fifty Shades of Grey. C'mon, Richard, admit it, you'll be second in line to see it, only because I got there the night before... and I understand James Franco is playing the handcuffs.

Mind the App

Movie trivia: Cats the way I like it

MIND THE APP
Kris Abel
@RealKrisAbel
scene@metronews.ca

MovieCat 2
iPhone/Android
$1.99

This two-player trivia game uses cartoon cats to act out questions about popular movies. You choose the categories and it'll serve up witty challenges involving costumes, props, and famous lines.

Video game review

Name. LEGO Marvel Super Heroes

For. Wii U, PC, PS3, Xbox 360

Rated. Everyone

There's having a superpower and then there's discovering all the different things you can do with it. That's the delight impressively recreated here in LEGO for a whopping 155 characters. Each has a really long list of abilities put to creative use both for fighting in adventures and exploring a free-roaming city. Compared to past LEGO games the brick-building moments are fewer and farther between, but the sense of discovery is endless, which is ideal for a game parents can share with their kids. **KRIS ABEL**

The big films of a big 2014

NED EHRBAR
Metro World News in Hollywood

Remakes and sequels

Transformers: Age of Extinction (June 27)
Mark Wahlberg takes over for Shia LaBeouf as the human stand-in amidst Michael Bay's gargantuan metal extravaganza, now on its fourth installment. Fingers crossed for dinobots.

X-Men: Days of Future Past (May 23)
Bryan Singer steps back into the director's chair for the franchise he started 14 years ago, bringing together a massive cast combining actors from the original films and the most recent X-Men: First Class for a time-hopping storyline cribbed from the comics. It's almost too much to take.

Captain America: The Winter Soldier (April 4)
Chris Evans' Cap gets his first solo outing since The Avengers in a story that pits him both against a mysterious terrorist with connections to his past and his own government, in the form of S.H.I.E.L.D. boss Alexander Pierce (Robert Redford).

Godzilla (May 16)
It's been more than 15 years since Roland Emmerich's go-at-the-giant monster franchise landed with a thud, so maybe it's safe to unleash the big green guy again, this time in a film starring Bryan Cranston.

Jack Ryan: Shadow Recruit (Jan. 17)
This Tom Clancy franchise reboot was supposed to hit theatres this Christmas, but Paramount pushed it back a month. If anything, it should keep the latest Jack Ryan, Chris Pine, busy between Star Trek outings.

More remake-quels

RoboCop, The Expendables 3, The Hunger Games: Mockingjay — Part 1, 22 Jump Street, Horrible Bosses 2, Muppets Most Wanted.

Big gambles

Noah (March 28)
Darren Aronofsky follows up Black Swan with a massive, super-expensive biblical epic starring Russell Crowe as the most famous ship-builder ever. A serious gamble for all involved, especially considering

all of the sinking ship jokes critics could make if it falters.

Interstellar (Nov. 7)
All we know is that it's by Christopher Nolan and it involves wormholes and space travel and it stars, among others, Matthew McConaughey, Anne Hathaway, Jessica Chastain and Michael Caine. So we're basically already there.

Guardians of the Galaxy (Aug. 1)
It's nice to see Marvel and Disney feeling free enough with their massive successes to get a little weird. This also-ran but beloved comic line features a talking, gun-toting raccoon (voiced by Bradley Cooper), an ambulatory tree and all sorts of other oddities, with the Avengers nowhere in sight. But it could just make Chris Pratt officially a movie star.

Maleficent (May 30)
While technically using an existing property, Disney is taking quite a risk by making one of their biggest baddies (embodied by Angelina Jolie) the main character of her own movie. Sleeping Beauty won't know what hit her.

Future cult favourites

Veronica Mars (March 14)
The little Kickstarter campaign that could is officially getting a big theatrical roll-out as opposed to the limited, VOD-heavy release they'd initially planned. The follow-up to Rob Thomas' cult-classic TV show about a high-school private eye (Kristen Bell) has a wave of goodwill behind it, with a growing audience base willing it to succeed.

Jupiter Ascending (July 25)
After not enough people turned out for their ambitious Cloud Atlas, the Wachowskis head off-world for a science-fiction adventure starring Channing Tatum and Mila Kunis.

The Amazing Spider-Man 2 (May 2)

Sony's holding on tight to its Marvel property, pitting current Spidey Andrew Garfield against a host of threats like Electro (Jamie Foxx), the Rhino (Paul Giamatti) and the Green Goblin. Plus, they've got a series of spin-off movies to launch.

Knight of Cups (TBA)
Without even a solid release date nailed down, all we know about Terrence Malick's latest is that it stars Oscar-winners Christian Bale and Natalie Portman and it's about "a man, temptations, celebrity and excess." Sounds interesting.

The Grand Budapest Hotel (March 7)
Wes Anderson follows up the delightful Moonrise Kingdom with what appears to be the most Wes Anderson film of all time with a jam-packed cast including Ralph Fiennes, Tilda Swinton, Bill Murray, Edward Norton and Jude Law.

The Lego Movie (Feb. 7)
Possibly the most welcome film adaptation of a children's toy in movie history — call it the anti-Transformers — this animated adventure looks to be pop-culture-skewering fun, with Chris Pratt, Morgan Freeman and Liam Neeson leading an all-star voice cast.

Based on a bestseller

Divergent (March 21)
The presumptive next big sci-fi film franchise based on a young-adult book series kicks off with Shailene Woodley starring as a special girl challenging a dystopian society.

Gone Girl (Oct. 3)
David Fincher takes on Gillian Flynn's bestseller about a woman who disappears on her anniversary, with Ben Affleck and Rosamund Pike heading up an eclectic cast that also includes Neil Patrick Harris and Tyler Perry.

Unbroken (Dec. 25)
Christmas next year will bring Angelina Jolie's second film as a director, again with harrowing themes. This time it's the true-life tale of an Olympic runner and Japanese Second World War prisoner of war, from a book by the author of Seabiscuit.

Inherent Vice (TBA)

There's no release date set for Paul Thomas Anderson's adaptation of Thomas Pynchon's deliriously odd-ball 1970s surfer noir, but it can't come out soon enough as far as we're concerned. An inspired director and source material pairing.

Edge of Tomorrow (June 6)
Hiroshi Sakurazaka's futuristic novel All You Need is Kill gets the big-screen treatment with Tom Cruise starring as a soldier caught in an alien war version of Groundhog Day.

The Monuments Men (Feb. 7)
George Clooney stars in and directs this story about a team of art specialists out to rescue masterpieces stolen by the Nazis. Originally slated for a Christmas release but delayed, we're hoping it's more Ocean's Eleven than The Good German.

Let's give each other a greener Regina

This holiday season let's give each other a greener Regina. You can start by treecycling your used Christmas tree.

Once you've packed up your decorations and taken everything off your real tree, treecycle it at Sandra Schmirler Leisure Centre, Optimist Arena, Joanne Goulet golf course or the landfill. Treecycle bins are available from December 27 to February 2.

Our community is working hard to reduce waste, and we want to help. The City will offer even more waste reduction programs in 2014 as part of our waste plan for a greener Regina.

Keep the holidays green. For more information, visit **Regina.ca**.

Treecycle

Sign up for greener Regina reminders on Regina.ca and you'll be entered to WIN one of two iPad minis™! You'll receive reminders for Treecycling, Blue Cart Recycling and other upcoming waste diversion programs.

Regina.ca

City of Regina | REGINA Infinite Horizons

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

Top celeb travel moments of 2013

A monster-infested lake in Scotland, a picturesque seaside town in Italy and a celebrated party island in Spain were featured on travelocity.ca's list of the top celebrity travel moments of the past year — a list compiled from the results of a national survey. Whose beach trips, brawls and destination weddings came up tops? Read on to find out.

TEXT: METRO, TRAVEL PHOTOS: ISTOCK, CELEB PHOTOS: GETTY IMAGES

Canadian men chose Charlie Sheen's Loch Ness monster hunting trip to Scotland as the as their most memorable celeb travel moment.

Canadian men chose Leonardo DiCaprio's yacht trip to Ibiza, Spain, as the moment they would most want to recreate.

Canadian women most wished they could recreate Avril Lavigne and Chad Kroeger's trip to Portofino, Italy, where they exchanged vows.

The Word

The sky's the limit for LaBeouf's mea culpa

Shia LaBeouf may have finally managed to write an apology for plagiarism that is not, itself, plagiarized.

The Beef came under fire recently when it came to light that his short film HowardCantour.com bore similarities to Daniel Clowes's comic Justin M. Damiano.

The actor has since apologized several times, but since his apologies themselves seemed cobbled together from other works, it was hard to believe he was taking his transgression seriously.

Well, now at least he's working on it. Early this Thursday morning, Shia tweeted a pic of the words "I am sorry Daniel Clowes" in skywriting.

He didn't just photoshop that skywriting either, though you'd be forgiven if you were questioning LaBeouf's credibility at the present time. According to Variety, LaBeouf's contrition was visible across the Los Angeles sky on Wednesday.

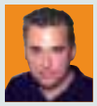
"Mr. Clowes, I can only ask that you view my apology as a stepping stone toward repairing this misunderstanding between us. I'm sorry," he tweeted on New Year's Eve.

All this may or may not come as any comfort to Mr. Clowes, who lives in San Francisco, not L.A.

MELINDA TAUB/METRO

Liquid Assets

Trends to wine about



LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca
Facebook: therealwineguy

If Facebook is any indication, many of you are reminiscing about the last 12 months. Not me. I'm all about the future and booze trends that will define 2014.

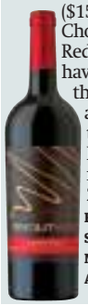
Gazing into my crystal wine goblet, I see Old World wines solidifying their comeback. I'm talking the juice squeezed out of France, Italy and Spain easing you out of your South American rut.

That's not to say the New World won't see brighter days. Australia will show signs of rejuvenation with smaller wineries from specific regions making their personalities known.

Whites will gain ground from reds, while red blends will continue to attract the palates of the population.

Wines from a box will be invited to the dinner table, and second-tier grapes like aglianico, albariño and garnacha will be on the tip of your tongue.

The most ground-breaking trend will be flavoured wines, especially those made with, wait for it, chocolate. Chocolate Shop Red ($15.95 - $15.99) and ChocolatRouge Sweet Red ($13.99 - $17.99) have already brought their confectionary flavour flow to store shelves. I guarantee that more will follow in 2014. **PRICES REFLECT RANGE ACROSS COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**



Meet the star of the 2014 foodie scene

Predictions. Experts have checked the old crystal ball and report that the veggie of the year will be — wait for it — cauliflower

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

Cauliflower is the new kale, salt is the new pepper and doughnuts and burgers are going gangbusters — at least, that's what food-trend watchers are predicting for 2014.

"I would say that cauliflower is the new kale and will definitely surpass kale this year," says Christine Couvelier, executive chef and global culinary trendologist. Cauliflower can be mashed, grilled, broiled or cut in steaks and barbecued, served on its own or in salad or tossed with herbs and oils.

Here, it's teamed with edamame to add more nutrients and flavour to regular mashed potatoes. Roasting the vegetables brings out a more intense flavour than boiling, as does the addition of sweet caramelized onions.

This Roasted Potato Cauliflower and Edamame Mash serves 8. MIKE MCCOLL, FROM THE BEST OF ROSE REISMAN (WHITECAP BOOKS)

Ingredients

- 1 head roasted garlic
- 1 1/2 lb Yukon Gold potatoes cut into wedges, unpeeled
- 1 lb raw cauliflower, broken into pieces
- 2 cups diced onions
- 2 tsp vegetable oil
- 1 tbsp brown sugar
- 1 tbsp olive oil
- 1 tbsp sesame oil
- 1/4 cup 2% milk
- 3/4 cup frozen shelled edamame, blanched
- pinch of salt and pepper

1. Preheat oven to 400 F. Line a baking sheet with foil sprayed with vegetable oil. Cut the top off the garlic head and wrap with foil and place on the baking sheet along with the potato and cauliflower. Spray the vegetables with vegetable oil. Roast for 30 minutes or just until tender, turning occasionally. Squeeze out the cloves of garlic.

2. Meanwhile, add onions to a skillet along with the vegetable oil and sauté on medium heat for 10 minutes just until tender. Add the brown sugar and sauté for another 5 minutes.

3. Mash potato wedges with skin in a large bowl. Place the cauliflower in a food processor along with the olive oil, sesame oil and milk and purée. Add to the mashed potatoes along with the onions, garlic cloves and edamame. Add the salt and pepper. **THE BEST OF ROSE REISMAN (WHITECAP BOOKS) BY ROSE REISMAN/ FILES FROM THE CANADIAN PRESS**

Cauliflower 'couscous' in three steps

This recipe serves four. THE CANADIAN PRESS

1. Finely chop half chili; set aside. Thinly slice remaining half; set aside for garnish.

2. Place cauliflower in food processor and pulse until size of grains of couscous.

3. In bowl, combine garlic, olive oil, vinegar, curry, reserved chopped chili, salt and pepper. Stir. Add cauliflower "couscous" and toss to coat. Add apple, green onions, almonds, raisins and mint. Toss to combine. Garnish with sliced chili.

Ingredients

- 1 fresh red finger chili
- 1 head cauliflower, cut into florets
- 1 small garlic clove, minced
- 75 ml (1/3 cup) olive oil
- 30 to 45 ml (2 to 3 tbsp) apple cider vinegar
- 5 ml (1 tsp) curry powder
- Salt and freshly ground pepper, to taste
- 1 Granny Smith apple, diced
- 2 green onions, sliced
- 50 ml (1/4 cup) toasted slivered almonds
- 50 ml (1/4 cup) raisins
- 75 ml (1/3 cup) chopped mint

THE CANADIAN PRESS/ IN THE KITCHEN WITH STEFANO FAITA: OVER 250 SIMPLE AND DELICIOUS EVERYDAY RECIPES BY STEFANO FAITA (CANADIAN BROADCASTING CORPORATION/STEFANO FAITA INC., 2013). REPRINTED BY PERMISSION OF PENGUIN CANADA BOOKS INC.

Canadian biathlon team targets Sochi podium

Brendan Green, from left, Rosanna Crawford, Zina Kocher, Megan Imrie, Nathan Smith, and Regina's Scott Perras run up the steps of Canada Olympic Park under an arch of ski poles after being named to Canada's Olympic biathlon team at an announcement in Calgary on Thursday. The Olympic biathlon competition begins Feb. 8 with the men's 10-kilometre sprint. JEFF MCINTOSH/THE CANADIAN PRESS

Canada cuts through Swiss to get to semis

World juniors. Canucks move on to face Finland

Anthony Mantha has Canada a win away from reaching the final at the world junior hockey championship.

Mantha got the game-winner on a penalty shot while defenceman Griffin Reinhart added a goal and an assist as Canada beat Switzerland 4-1 on Thursday to reach the semi-final round.

The Canadians will face Finland, which rallied for a 5-3 quarter-final win over the Czech Republic on Saturday at Malmo Arena.

Quarter-final round

Canada	Switzerland
4	1

"They're a good team — we saw that in the exhibition game," said Reinhart, whose team dominated the final two periods of a pre-tournament game against the Finns on Dec. 20. "Every team now is going to be a hard game.

"It'll take a lot of discipline and you've got to stick to your systems."

Forward Curtis Lazar and defenceman Derrick Pouliot also scored for Canada, which had only one Mathew Dumba goal from its back end in four previous tournament games.

The Finns promise to give Canada a similar test to the Swiss, with the accent on team play and defence. But Finland has some dangerous shooters led by ace playmaker Teuvo Teravainen.

"It's going to be an intense game and there's nothing more to it," said Lazar, who has scored in three straight games. "We're both trying to get into the final but we have to take it a step at a time and keep playing our Canadian brand of hockey.

"We played them in pre-competition, so we'll have to go over video and see if they've changed something up, but the main thing is to focus on our own game. There's not much room for error so we have to bring our A-game."

Canada improved to 20-0-0 all-time against the Swiss.

THE CANADIAN PRESS

World juniors

Russia knocks off reigning champs

Russia beat the United States 5-3 in quarter-final play at the world junior hockey championship on Thursday, rallying to take the lead on Nakita Zadorov's two power-play goals.

Zadorov scored on 5-on-3 advantages in a 1:01 span in the second period to give Russia a 4-3 lead.

Russia will face Sweden, a 6-0 winner over Slovakia, in the semifinals Saturday.

THE ASSOCIATED PRESS

NFL

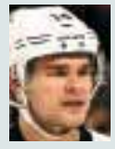
Bears sign Cutler to 7-year deal

The Chicago Bears signed Jay Cutler to a seven-year contract Thursday, ending speculation that they might make a change at quarterback after five seasons.

Cutler, 30, acknowledged that his Bears tenure has had its low points, but he clearly thrived under first-year coach Marc Trestman and now has some of the best compliments on offence he's had since arriving in Chicago in 2009. Terms of the deal were not disclosed, but it is reportedly worth nearly $18 million per year over the first three years and includes at least $50 million guaranteed.

THE ASSOCIATED PRESS

The great Kunitz debate



"It's something that you try not to think about, but it's something that crosses your mind when you see it on TV or read reports."

Chris Kunitz on the debate over his candidacy to make the Canadian men's Olympic hockey team. The Regina native isn't widely considered an elite, but his chemistry with Penguins linemate Sidney Crosby makes him a legitimate possibility.

JADE SMOKER'S CORNER
TOBACCONIST
E-Cigarette Headquarters
Featuring jet & blu Rechargeable E-cigarettes
Cubita
Cuban coffee now available!
1230 Broad St. & 9th Ave • Value Mall • 306 757 2022

Read metro work every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.

Horoscopes

♈ Aries
March 21 - April 20
No matter how outrageous your ideas may seem to some, you must trust your instincts and follow up on them. Allow your inner voice to guide you and don't be surprised when it all works out perfectly.

♉ Taurus
April 21 - May 21
The planets will present a solution to a problem you thought was here to stay. You should know that everything worth knowing is revealed over time, so be patient.

♊ Gemini
May 22 - June 21
It seems you have been talking at cross purposes with a loved one and that is why you have not been getting along. It is time to sit down and be honest with one another. Yes, of course you can be friends again.

♋ Cancer
June 22 - July 23
Your mind is extraordinarily active at the moment and that's good, but make sure you write down any insights you have, otherwise you may forget them by the end of the day.

♌ Leo
July 24 - Aug. 23
Do something creative today. The current cosmic climate makes it easy for you to give form to your ideas. It also makes it easy for you to impress important people.

♍ Virgo
Aug. 24 - Sept. 23
Something that made no sense before will make perfect sense today. Most likely the thing itself has not changed but the way you look at it has. Next time, try listening to what friends try to tell you.

♎ Libra
Sept. 24 - Oct. 23
Even if you are one of those rare Librans who prefers to keep thoughts private, you will have plenty to say today. The only danger is you may reveal too much valuable information.

♏ Scorpio
Oct. 24 - Nov. 22
News you have been waiting for will arrive today and put an end to a worrying phase. Whether the news is good or bad is unimportant. What matters is that at last you know where you stand.

♐ Sagittarius
Nov. 23 - Dec. 21
Whatever you decide over the next two or three days will have a major effect on your future, so think ahead and make sure you are embarking on a course that is right for you. Don't listen to others, listen to yourself.

♑ Capricorn
Dec. 22 - Jan. 20
Try not to live in the past or lament your mistakes, because what happens next will make up for what you appear to have lost. Resolve to always look forward and never look back.

♒ Aquarius
Jan. 21 - Feb. 19
You appear to believe that the whole wide world is against you. Stop the foolish imaginings and look on the bright side for a change. Life is what you choose to make of it.

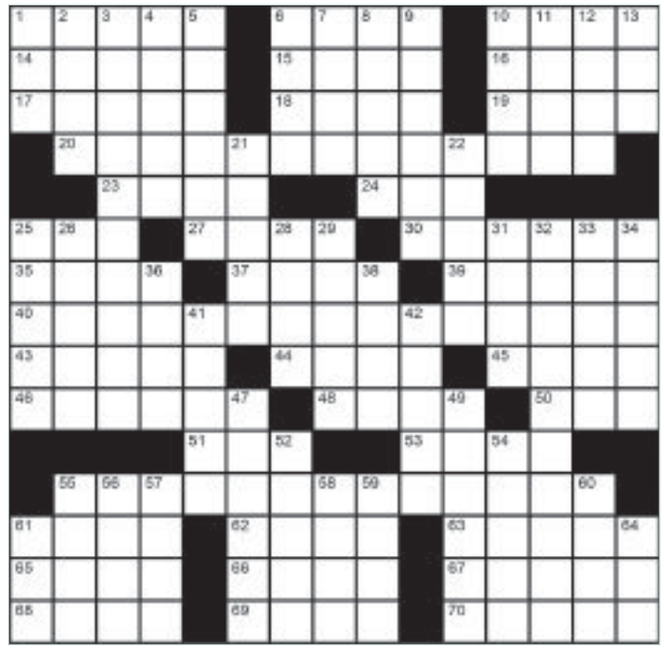
♓ Pisces
Feb. 20 - March 20
Whatever your special talent is, put it to good use. If a chance arises in your work or career, grab it with both hands and don't worry that you may not be up to the task. You'll ace it.

SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN



Across
1. Tug-__-__
6. Stars in movies
10. Serving need
14. Patriot Games (1992) producer, Robert __
15. Target hitter in a bar game
16. Lively
17. Canadian singer/songwriter Sarah
18. Wing-shaped
19. Wreck
20. Calgary Flames great in the Hockey Hall of Fame: 2 wds.
23. Chinook salmon
24. Tokyo, formerly
25. Little bark
27. 19th Greek alphabet letters
30. Manicurist's lacquer
35. Nike slogan, "Just __ __."
37. Parking place
39. School: French
40. Current award-winning novel by Canadian author Colin McAdam: 3 wds.
43. Cantaloupe, for one
44. Mork's greeting, partially
45. __ __ about
46. Introduces more to the mix: 2 wds.
48. Tapes shows (abbr.)
50. Belonging to Nashville's li'l state
51. Flooring choice
53. Flew the __ (Went away)
55. Lotto Max purchaser's dream: 2 wds.
61. Earring spot
62. Stead
63. "I'll take _ __ check."
65. Car rental company
66. Immature newts
67. Elaine __, Marilu Henner's Taxi character
68. Outperform
69. Escritoire
70. Stranded, as a castaway

Down
1. Hosp. sites
2. Tumbled
3. The Guess Who album: __ Soul
4. Love Is _ __-Splendored Thing (1955)
5. Milk curdling substance
6. Eve's beloved
7. Advanced math course, for short
8. 'T' of NAFTA
9. Walked confidently
10. Ms. Banks
11. Actor Mr. Julia
12. Desert's climate
13. Yearning
21. Bread-making ingredient
22. Musical group of nine
25. Commander __ (Lorne Greene's Battlestar Galactica role)
26. Cloaked
28. __ __ Smoke (1978) starring Cheech And Chong
29. To date: 2 wds.
31. Prefix to "bat" (Circus performer)
32. City which is Newfoundland's second largest after St. John's: 2 wds.
33. Musicdom's Sir John
34. Glassmaking ovens
36. New Mexico's artsy town
38. Song
41. Barbara Stanwyck movie, __ Pacific (1939)
42. Soap opera legend Susan
47. Used a hammer
49. "__ __ _!" (You're not the only one who is capable!)
52. Songbook standard: Mack the __
54. Gumbo ingredients
55. Created tapestries
56. Nile wader
57. Bird's bed
58. Becomes
59. 1979 Fleetwood Mac album
60. The __ Is High by Blondie
61. Research __
64. Agreement sign

Yesterday's Crossword

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

					2		7	4
2	1							
					4	6		3
4	6			8	3		5	
	8						9	
	9		2	7			6	8
9		7	3					
							1	5
8	2		5					

Yesterday's Sudoku

6	2	5	8	1	7	3	4	9
4	3	1	5	2	9	6	7	8
9	7	8	4	3	6	2	1	5
3	1	6	7	9	8	4	5	2
7	4	2	3	5	1	8	9	6
8	5	9	2	6	4	7	3	1
5	9	3	6	4	2	1	8	7
1	6	7	9	8	3	5	2	4
2	8	4	1	7	5	9	6	3

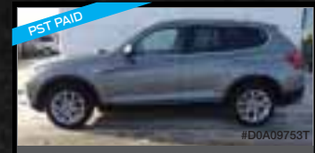
TONS OF INVENTORY

Over 180 vehicles online at bdf.ca

#284852P

V6, STOW & GO, PWR EQUIP, SAT RADIO, KEYLESS ENTRY, 7 PASSENGER, MORE TO CHOOSE FROM

2012 DODGE GRAND CARAVAN
$15,689* / $119*


PST PAID
#D0A09753T

XDRIVE 28I, NAV, REV CAM, PREMIUM SOUND, USB, ONLY 14,000 KMS, LOCAL TRADE

2013 BMW X3
$45,899* / $291

PST PAID
#A57953T

6 SPD AUTO,HTD LEATHER, MOONROOF, TRAILER TOW, SYNC, 6 PASSENGER, 62,000 KMS, LOCAL TRADE

2009 FORD FLEX LIMITED AWD
$23,899* / $196*

#B99674P

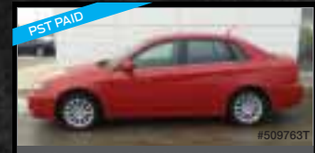
HTD CLOTH, POWER DR SEAT, SYNC, SAT RADIO, REV SENSING, LOW KMS, 4 TO CHOOSE FROM!

2013 FORD EDGE SEL AWD
$31,964* / $238*

PST PAID
#E36502T

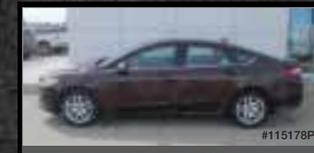
LUXURY PKG, HTD LEATHER, SLIDING WINDOW, SYNC, CONSOLE SHIFT, 1 OWNER, 9,800 KMS, LOCAL TRADE

2013 FORD F-150 FX4
$38,998* / $276*


PST PAID
#509763T

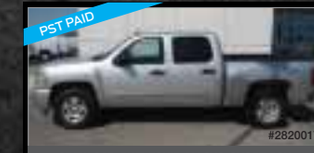
AUTO,2.5L I4, ALLOYS, POWER EQUIPMENT, A/T/C, LOCAL TRADE, ONLY 85,000KMS

2008 SUBARU IMPREZA AWD
$14,726* / $134*


#115178P

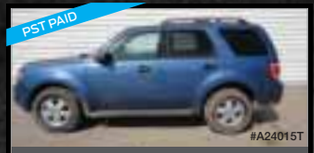
AUTO, 4CYL, ABS, TRACTION CONTROL, SYNC, SAT RADIO, POWER SEAT, LOW KMS

2013 FORD FUSION SE
$22,789* / $173*


PST PAID
#282001T

CREW CAB, PWR EQUIP, ALLOYS, SHORT BOX, TRACTION CONTROL, ONLY 38,000 KMS, LOCAL TRADE

2011 CHEV SILVERADO LS
$19,952* / $165*


PST PAID
#A24015T

4CYL, 6 SPD AUTO, MOONROOF, SYNC, CONVIENENCE PKG, PWR SEAT, LOCAL TRADE

2011 FORD ESCAPE XLT AWD
$19,885* / $165*

#D42315T

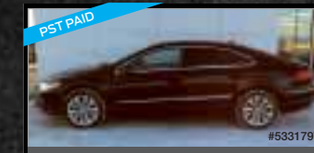
1.6 L, AUTO, SAT RADIO, SYNC, USB, TRACTION CONTROL, 16" ALLOYS, ONLY 24,000 KMS, BUYBACK

2013 FORD ESCAPE SE AWD
$28,954* / $217*

#171120T

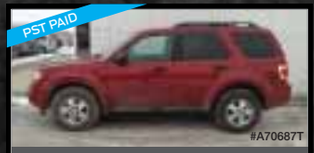
3.6L V6, HTD LEATHER, 6SPD AUTO, MOONROOF, UCONNECT, 19" ALLOYS

2012 DODGE JOURNEY R/T AWD
$25,845* / $186*


PST PAID
#533179T

SPORTLINE PKG, HTD LEATHER, NAV, MOONROOF, BLUETOOTH, 2.0L TURBO, ONLY 29,000 KMS

2009 VOLKSWAGEN PASSAT CC
$19,782* / $166*


PST PAID
#A70687T

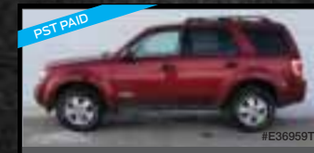
3.0L V6, CDN WINTER PKG, HTD LEATHER, SYNC, SAT RADIO, 43,000 KMS, LOCAL TRADE

2011 FORD ESCAPE XLT
$18,687* / $155*

#D04670P

HTD LEATHER, MYFORD TOUCH, MOONROOF, REV CAMERA, NAV, POWER LIFTGATE, 18,000 KMS

2013 FORD FLEX SEL AWD
$31,907* / $238*


PST PAID
#E36959T

HTD LEATHER, REV SENSING, MOONROOF, 17" ALLOYS, POWER SEAT, CHROME PKG

2008 FORD ESCAPE LIMITED
$15,984* / $157*

Dave Kohonick,
General Sales Manager

INTEREST RATES AS LOW AS
3.99% APR OAC

PAY AS LOW AS
$119/BW

Bennett-fit #7

Road Hazard Tire Warranty

306.522.6612 · bennettdunlopford.com
770 Broad Street, Regina

Bennett Dunlop Ford
Driving Change

*All prices and payments are based with $0 (zero) down. Payments are bi-weekly using 5.29% APR OAC. Prices are plus applicable taxes. Dealer installed options are not included. Photos are for illustration only. Some conditions may apply to the above programs. All offers are OAC. See dealer for complete details. **WE DO NOT CHARGE ADMIN FEES! DL#916407**